# SANDESH NEWSLETTER



#### **About Sandesh**

Sandesh is a registered non-profit organization established in 2008 for people with intellectual and developmental disabilities. Sandesh began working actively in 2010. Sandesh means "message". At Sandesh, we aim to spread the message of love and equality for all human beings, regardless of ability. Sandesh has reached out to more than 200 families to extend hope and courage to face life with dignity. The members at Sandesh are provided with day

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### November/December 2019

- World Disability Day was celebrated with creativity, painting and a shopping experience in Sandesh by setting up a Bazaar. A great day spent together.
- Sandesh has done well in the 4th Dhwani Niranthara Assessment conducted by Dhwani foundation on November 25th. Great support from Dhwani Foundation.
- Teresa, a volunteer from Germany, left on December 13th after three months at Sandesh. We thank her for her time with us.
- Titan visited on December 17th to teach a new product design.
- Legacy School visited on December 17th to celebrate Christmas with carol singing and gift sharing.
- Sandesh celebrated 9th Annual Day Function on December 20th. It was a celebration in gratitude. Many beautiful performances and friends made it a lovely day.



### Life at Sandesh

Life at Sandesh during the Christmas season is very special. We were very fortunate to have friends of Sandesh spend time with us to celebrate during this beautiful time.

We ended our year by enjoying each other's company, having fun, eating a good lunch and sharing gifts. All members went home with excitement and smiling faces.

At Sandesh, we are blessed to have each other and our friends for support. We wish for all humanity a beautiful new year. We hope 2020 brings love and peace in this world of ours. May God continue to shower blessings to all. Thank you to all for sharing our journey with us.